

Covid-19 Regulations



People who should not attend during the coronavirus pandemic include:

- Anyone with symptoms of COVID-19.
- Anyone who has received a positive test for coronavirus and needs to self-isolate.
- Household contacts (including an extended or linked household, or support bubble) of people who have symptoms of coronavirus and are required to self-isolate.
- Household contacts (including an extended or linked household, or support bubble) of people who have had a positive coronavirus test and are required to self-isolate.
- Other contacts of people with coronavirus who have been advised to self-isolate by NHS Test and Trace, by their local authority, or because their employer has asked them to self-isolate due to someone in the workplace testing positive.
- Anyone identified as clinically extremely vulnerable or at the highest risk of severe illness from coronavirus and has received a notification advising them to shield.
- People who must self-isolate having travelled to the UK - you may not have to self-isolate if you are travelling from somewhere on the travel corridor list or are doing a job that has a travel exemption.

On arrival

- I request that in order to protect you and other participants, you must wear a face cover/mask whilst in the studio/hall.
- Please bring your face cover/mask with you wear upon entering the building.
- You must arrive at the beginning of the class or appointment only as waiting is not permitted due to social distancing.

[] I have read and agree to these conditions, signed _____

Thank You, *Yasue*